

San Diego Food Allergy SUPPORT GROUP™

Whether you are newly diagnosed, a “veteran,” caregiver, or a professional working with food-allergic children, you are not alone.

Started in 2006, the San Diego Food Allergy Support Group™ is a volunteer-run organization offering a wide range of resources aimed at helping those managing food allergies.

Medical Advisory Team

We have a team of medical advisors that we can call upon for guidance, and we are affiliated with the Asthma and Allergy Foundation of America (AAFA), a non-profit organization fighting asthma and allergic diseases. We are also a recognized Support Group by the Food Allergy & Anaphylaxis Network (FAAN), an organization dedicated to increasing public awareness about food allergy and its consequences.



Services

Seminars, Meetings, & Events

We offer educational seminars with professional speakers on topics related to food allergy, host casual meetings to get connected, have family activities, and participate in community outreach events.



Website & E-Newsletter

Our website provides links to the latest Food Allergy news and research articles as well as “Helpful Links” to other valuable Food Allergy resources. We invite you to visit us online at www.sandiegofoodallergy.org and subscribe to our e-newsletter which will keep you updated on our Group’s upcoming activities.



Online 24-hour Message Forum

Parents in the greater San Diego area can register to post messages in this online forum. Looking for play dates, allergy smart schools, or a good allergy-safe recipe? This is an arena to open your own topics for discussion, and learn from the experiences of others.



Our Mission

To enhance the quality of life for children with food allergies by providing a forum for parents and resources to assist families in caring for their children.



www.sandiegofoodallergy.org
info@sandiegofoodallergy.org
760.505.9984 (mobile)

What Our Members Say

“My son’s allergist tells me what my son can’t eat but this group has helped me focus on what he CAN eat.”

-ST

“This Group has been an incredible source of support. I feel it is almost as crucial to our daughter’s well being as her doctor visits.”

-SD

“You hear about products that are specially made for those with food allergies and then you can’t find them locally. With this group as a resource, there is always someone to ask!”

-CJ

“This organization has really relieved a lot of stress for my husband and me as we manage our son’s food allergy . You have made a difference in our lives.”

-MH

**Food
Education
Allergy
Support
Team**



San Diego Food Allergy
Support Group™



**San Diego Food Allergy
Support Group™**

Sharing Strategies,
Raising Awareness, &
Enjoying Life!



www.sandiegofoodallergy.org

PLEASE
PLACE
STAMP
HERE